



(916) 405-7100
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FAMILY HOME SAFETY DRILL

Will your family know what to do when the smoke alarm sounds?

In a typical home fire, individuals may have as little as one to two minutes to escape safely from the time the smoke alarm sounds. Therefore, home escape planning is critical because it ensures that everyone in the household knows how to use their small window of time wisely. Follow the steps below to help prepare in case of an emergency!

BEFORE an emergency occurs:

1. Test your smoke alarms.

If not maintained properly, your smoke detector could fail you when you need it most. Test smoke alarms **once a month**, change the batteries **twice a year** and replace smoke alarms that are older than **10 years** or are beyond their expiration date.



2. Close before you doze.

Close bedroom doors before going to sleep. In the event of a fire, a closed bedroom door can make a 900 degree difference and provide an extra 15 minutes of safety.



3. Draw your home escape plan.

Knowing where to go before an emergency occurs will help individuals snap into action. Use the back of this sheet to prepare your family's home escape plan!



In case of an emergency:

1. Get low and go!

Crawl beneath smoke to avoid breathing poisonous gases that rise with the heat of a fire.



2. Call 9-1-1.

When it is safe to do so, call 911 in an emergency. Before an emergency occurs have younger children practice dialing the number and asking for help. Have older children also practice reciting their home address, as well.



3. Stop, drop, and roll.

Should clothes catch on fire: **STOP, DROP AND ROLL!** Don't forget to cover your face with your hands!





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HOME FIRE ESCAPE PLAN

Follow these steps to create your escape plan:

- STEP 1:** Draw a floor plan of your home, including all the doors and windows.
- STEP 2:** Indicate all working smoke alarms.
- STEP 3:** Show two ways out of each room.
- STEP 4:** Decide on a family meeting place outside where everyone can meet.
- STEP 5:** Practice your plan at least twice each year.

