

COSUMNES COMMUNITY SERVICES DISTRICT
Retiree Tier I
2026 Health Rate Sheet
Effective: January 1, 2026 - December 31, 2026

	2026 Employee Contribution	2025 Employee Contribution	25/26 Premium Change	2026 District Contribution	2025 District Contribution	25/26 Premium Change	2026 Total Premium	2025 Total Premium	25/26 Premium Change
EMPLOYEE ONLY									
PPO's									
PERS Gold	\$0.00	\$0.00	\$0.00	\$1,120.58	\$1,013.70	\$106.88	\$1,120.58	\$1,013.70	\$106.88
PERS Platinum	\$501.28	\$363.20	\$138.08	\$1,168.86	\$1,112.90	\$55.96	\$1,670.14	\$1,476.10	\$194.04
HMO's									
Kaiser	\$0.00	\$0.00	\$0.00	\$1,168.86	\$1,112.90	\$55.96	\$1,168.86	\$1,112.90	\$55.96
Western Health Advantage	\$0.00	\$0.00	\$0.00	\$969.58	\$914.27	\$55.31	\$969.58	\$914.27	\$55.31
Blue Shield Trio	\$0.00	\$21.89	(\$21.89)	\$1,166.58	\$1,112.90	\$53.68	\$1,166.58	\$1,134.79	\$31.79
United Healthcare	\$133.09	\$57.27	\$75.82	\$1,168.86	\$1,112.90	\$55.96	\$1,301.95	\$1,170.17	\$131.78
Blue Shield Access+	\$121.20	\$71.68	\$49.52	\$1,168.86	\$1,112.90	\$55.96	\$1,290.06	\$1,184.58	\$105.48
Anthem Select	\$0.00	\$0.00	\$0.00	\$1,133.09	\$1,005.02	\$128.07	\$1,133.09	\$1,005.02	\$128.07
Health Net SmartCare	\$167.43	\$143.75	\$23.68	\$1,168.86	\$1,112.90	\$55.96	\$1,336.29	\$1,256.65	\$79.64
Anthem Traditional	\$443.22	\$387.50	\$55.72	\$1,168.86	\$1,112.90	\$55.96	\$1,612.08	\$1,500.40	\$111.68
EMPLOYEE +1									
PPO's									
PERS Gold	\$15.00	\$15.00	\$0.00	\$2,226.16	\$2,012.40	\$213.76	\$2,241.16	\$2,027.40	\$213.76
PERS Platinum	\$1,017.56	\$741.40	\$276.16	\$2,322.72	\$2,210.80	\$111.92	\$3,340.28	\$2,952.20	\$388.08
HMO's									
Kaiser	\$15.00	\$15.00	\$0.00	\$2,322.72	\$2,210.80	\$111.92	\$2,337.72	\$2,225.80	\$111.92
Western Health Advantage	\$15.00	\$15.00	\$0.00	\$1,924.16	\$1,813.54	\$110.62	\$1,939.16	\$1,828.54	\$110.62
Blue Shield Trio	\$15.00	\$58.78	(\$43.78)	\$2,318.16	\$2,210.80	\$107.36	\$2,333.16	\$2,269.58	\$63.58
United Healthcare	\$281.18	\$129.54	\$151.64	\$2,322.72	\$2,210.80	\$111.92	\$2,603.90	\$2,340.34	\$263.56
Blue Shield Access+	\$257.40	\$158.36	\$99.04	\$2,322.72	\$2,210.80	\$111.92	\$2,580.12	\$2,369.16	\$210.96
Anthem Select	\$15.00	\$15.00	\$0.00	\$2,251.18	\$1,995.04	\$256.14	\$2,266.18	\$2,010.04	\$256.14
Health Net SmartCare	\$349.86	\$302.50	\$47.36	\$2,322.72	\$2,210.80	\$111.92	\$2,672.58	\$2,513.30	\$159.28
Anthem Traditional	\$901.44	\$790.00	\$111.44	\$2,322.72	\$2,210.80	\$111.92	\$3,224.16	\$3,000.80	\$223.36
FAMILY									
PPO's									
PERS Gold	\$15.00	\$15.00	\$0.00	\$2,898.51	\$2,620.62	\$277.89	\$2,913.51	\$2,635.62	\$277.89
PERS Platinum	\$1,318.32	\$959.32	\$359.00	\$3,024.04	\$2,878.54	\$145.50	\$4,342.36	\$3,837.86	\$504.50
HMO's									
Kaiser	\$15.00	\$15.00	\$0.00	\$3,024.04	\$2,878.54	\$145.50	\$3,039.04	\$2,893.54	\$145.50
Western Health Advantage	\$15.00	\$15.00	\$0.00	\$2,505.91	\$2,362.10	\$143.81	\$2,520.91	\$2,377.10	\$143.81
Blue Shield Trio	\$15.00	\$71.91	(\$56.91)	\$3,018.11	\$2,878.54	\$139.57	\$3,033.11	\$2,950.45	\$82.66
United Healthcare	\$361.03	\$163.90	\$197.13	\$3,024.04	\$2,878.54	\$145.50	\$3,385.07	\$3,042.44	\$342.63
Blue Shield Access+	\$330.12	\$201.37	\$128.75	\$3,024.04	\$2,878.54	\$145.50	\$3,354.16	\$3,079.91	\$274.25
Anthem Select	\$15.00	\$15.00	\$0.00	\$2,931.03	\$2,598.05	\$332.98	\$2,946.03	\$2,613.05	\$332.98
Health Net SmartCare	\$450.31	\$388.75	\$61.56	\$3,024.04	\$2,878.54	\$145.50	\$3,474.35	\$3,267.29	\$207.06
Anthem Traditional	\$1,167.37	\$1,022.50	\$144.87	\$3,024.04	\$2,878.54	\$145.50	\$4,191.41	\$3,901.04	\$290.37